

Family violence: a fact sheet from the Department of Justice Canada

Defines the different forms of abuse that adults and children experience in their relationships. Discusses consequences, and how to prevent and respond to family violence. Source: Department of Justice Canada

Discipline without hurting: information for parents of young children

Provides information on ways to prevent the misbehaviour of young children. Offers tips and solutions to encourage good behaviour. Source: Child Welfare League of Canada

“Problem solving and making choices help prepare children for their teenage years.”

Choose your words wisely

Shows that the words parents use have a tremendous impact on children. Identifies ‘non-helpful ways’ parents talk to their children. Source: Calgary and Area Child and Family Services Authority

Helping children respect and appreciate diversity

Discusses how to prepare children for life in a diverse society, and to protect them from bias and discrimination. Source: Canadian Child Care Federation

Children who are aggressive

Gives tips to help parents manage a child’s aggressive behaviour. Source: Invest in Kids Foundation

Bullying: information for parents and teachers

Informs on the causes, gender differences, and long-term consequences of bullying in schools. Provides tips on dealing with bullies in school and at home. Source: Centre for Children and Families in the Justice System of the London Family Court Clinic

“Research estimates indicate that the problem affects far more students than teachers or parents are aware of.”

Dealing with anger

Offers men alternative ways of thinking about and dealing with anger. Source: Men for Change

Effects of abuse on children

Discusses how infants, children, and adolescents are affected by seeing and hearing wife abuse. Source: University of Alberta, Legal Studies Program

What every man can do to help end men’s violence against women

Suggests ways in which men can learn to identify and actively oppose sexual harassment and violence against women. Source: White Ribbon Campaign

The relationship quiz

Lists 38 questions, which can help people decide whether they are involved in an unhealthy relationship. Source: Family Resource Centre Pavilion

What about dating violence?

Informs teens about the types of dating violence and talks about how someone can get trapped in a cycle of abuse. Source: Making Waves

What is ‘stalking’ or ‘criminal harassment’?

Defines stalking, different types of stalkers, who is at risk of being stalked, and what protective and preventative action can be taken. Source: Canadian Health Network

Sexual assault: dispelling the myths

Lists and challenges various myths about rape. Discusses reporting issues, acquaintance assault and various health effects. Source: Education Wife Assault

“MYTH: It’s only sexual assault if physical violence or weapons are used.”

Woman abuse: dispelling the myths

Presents ten myths about woman abuse and the nature of abusive relationships. Source: Education Wife Assault

GLBTTQ and homophobia

Defines gay, lesbian, bisexual, transgender and homophobia. Discusses the facts about homophobia and heterosexism. Source: deal.org

Elder abuse: what you need to know

Identifies signs of elder abuse, assessment strategies and discusses abuse in long-term care facilities and residential settings. Source: Conflict Resolution Network Canada

Abuse in same-sex relationships

Debunks myths about abuse in lesbian and gay relationships and suggests where to get help. Source: Education Wife Assault

Making the decision to care: guys and sexual assault

Offers guidance to male teens who have committed or are considering committing a sexual offence. Source: National Clearinghouse on Family Violence

Abuse of trust: children and youth in the sex trade

Raises public awareness of the sex trade issues. Source: National Crime Prevention Strategy

Emotional abuse

Provides definitions, examples and facts about emotional violence. Source: deal.org

“Children who see their mothers being abused are also victims of emotional abuse.”

Workplace harassment and violence

Presents individual accounts of workplace harassment and violence, and discusses its effects on victims. Source: Centre for Research on Violence Against Women and Children

Bullying in the workplace

Describes workplace bullies, their targets, the effects of bullying, and the benefits of having an anti bullying policy. Source: Canada Safety Council

Working alone safely

Offers best practices for working alone in situations involving travelling, handling cash, and hazardous work. Source: Alberta Human Resources and Employment

Violence in the workplace

Looks at physical, verbal, and sexual violence at work. Topics include work-related factors, at risk occupational groups, and risk assessment. Source: Canadian Centre for Occupational Health and Safety

“... any act in which a person is abused, threatened, intimidated or assaulted in his or her employment.”

Creating a safety plan

Covers emergency escape plans and actions to take during violent incidence. Source: Ontario Women’s Justice Network

Apartment security

Suggests ways to enhance safety while living in an apartment. Source: Manitoba Seniors & Healthy Aging

